



Application Story

Application Description



0. general information

Division: Industries
Branche: Food
Name of application: **Freeze drying**
SIHI^{dry}
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1. Introduction

Freeze-drying, or lyophilisation, is like "suspend animation" for food. You can store a freeze-dried meal for years and years, and then, when you're finally ready to eat it, you can completely revitalize it with a little hot water. Even after all those years, the taste and texture will be pretty much the same.

Today freeze drying is regarded as the "gold standard" of drying methods, where the preservation of biological activity, flavour, aroma, and/or chemistry are important. It is used widely in the pharmaceutical, food, and food supplement industries. One well-known example is coffee. However, freeze drying, is a costly process, and few instant coffees today are freeze dried. Most are spray dried, and then agglomerated into granules. The description of instant coffees as "roasted" refers to the roast method. Freeze drying is widely used to preserve sensitive pharmaceutical proteins and similar molecules, such as enzymes.



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Why Freeze-dry?

The basic idea of freeze-drying is to completely remove water from some material, such as food, while leaving the basic structure and composition of the material intact. There are two reasons why to do this with food:

- **Removing water keeps food from spoiling for a long period of time.** Food spoils when micro-organisms, such as bacteria, feed on the matter and decompose it. Bacteria may release chemicals that cause disease, or they may just release chemicals that make food taste bad. Additionally, naturally occurring enzymes in food can react with oxygen to cause spoiling and ripening. Like people, micro-organisms need water to survive, so if you remove water from food, it won't spoil. Enzymes also need water to react with food, so dehydrating food will also stop ripening.
- **Freeze-drying significantly reduces the total weight of the food.** Most food is largely made up of water (many fruits are more than 80 to 90% water). Removing this water makes the food a lot lighter, which is easier to transport. The military and camping supply companies freeze-dry food to make it easier for one person to carry. NASA has also freeze-dried foods for the cramped quarters on board spacecraft.

People also use freeze-drying to preserve other sorts of materials, such as biological samples. Freeze-dried roses are growing in popularity as wedding decorations. The freeze-drying process has also been used to restore water-damaged materials, such as rare and valuable manuscripts.

It's pretty simple to dry food, drugs and just about any other biological material. Set it out in a hot, arid area, and the liquid water inside will evaporate. The heat gives the water molecules enough energy to "break free" of the liquid and become gas particles. Then you seal it in a container, and it stays dry.

This is how manufacturers make dehydrated meals like powdered soup and baking mixes.



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There are two big problems with this approach. First, using evaporation because most of the water isn't dehydrating food in this way only removes 90 to 95% down bacteria and enzyme activity, but won't stop it. Secondly, the heat involved in the evaporation process changes the texture and composition of the material, in the same way that heat in an oven changes food. Heat energy facilitates chemical reactions in food appearance. This is the fundamental purpose of cooking. These changes can be good if they make the food taste better (or taste good in a different way), but if you're drying something so you can revitalize it later, the process compromises

it, it's difficult to remove water completely directly exposed to air. Generally, 90% of the water, which will certainly slow it down completely. Heat significantly changes the shape, the way that heat in an oven changes food. That changes its overall form, taste, smell or appearance. These changes can be good if they are in a different way), but if you're drying something so you can revitalize it later, the process compromises

The basic idea of freeze-drying is to "lock in" the composition and structure of the material by drying it without applying the heat necessary for the evaporation process. Instead, the freeze-drying process converts solid water-ice-directly into water vapour, skipping the liquid phase entirely.

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2. Glossary (Terms, Expressions)

| | |
|--------------------|--|
| ATM | atmospheres |
| K | Kelvin (293 K is room temperature) |
| Sublimation | The shift from a solid directly into a gas |
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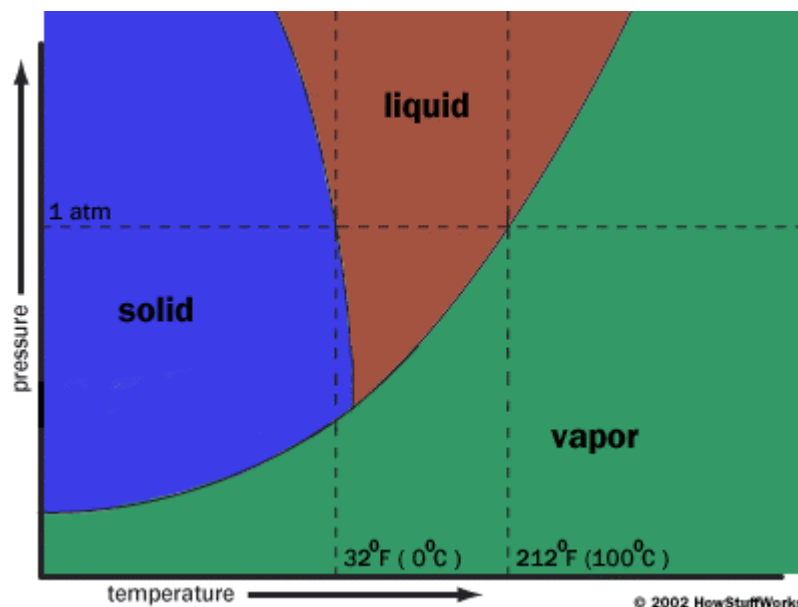


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3. The process

The fundamental principle in freeze-drying is **sublimation**, the shift from a solid directly into a gas. Just like evaporation, sublimation occurs when a molecule gains enough energy to break free from the molecules around it. Water will sublime from a solid (ice) to a gas (vapour) when the molecules have enough energy to break free but the conditions aren't right for a liquid to form.

There are two major factors that determine what phase (solid, liquid or gas) a substance will take: temperature and atmospheric pressure. For a substance to take any particular phase, the temperature and pressure must be within a certain range. Without these conditions, that phase of the substance can't exist. The chart below shows the necessary pressure and temperature values of different phases of water.



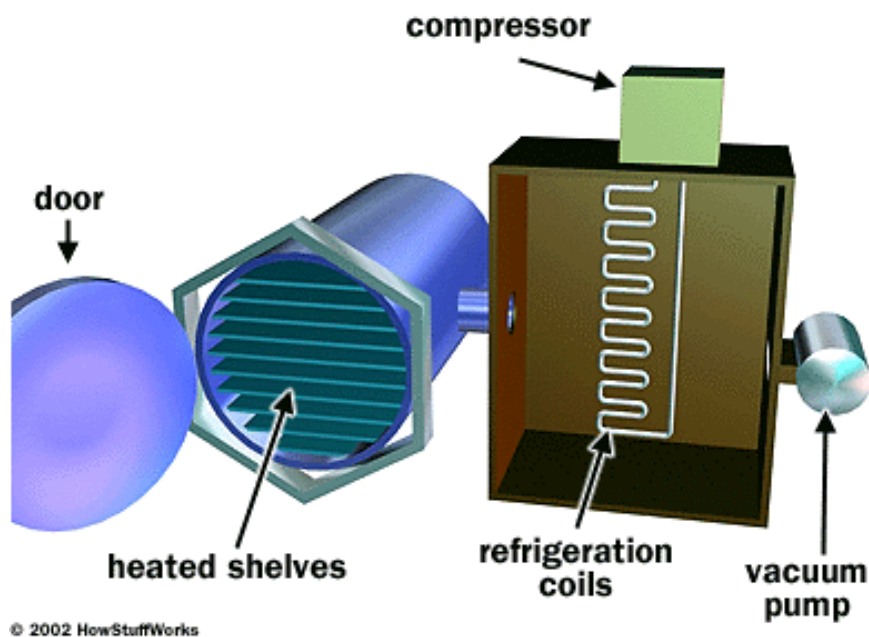
You can see from the chart that water can't take a liquid form at sea level (where pressure is equal to 1 ATM) if the temperature is in between the sea level freezing point (0°C) and the sea level boiling point (100°C). But if you can increase the temperature above 0°C while keeping the atmospheric pressure below 0.6 ATM, the water is warm enough to thaw, but there isn't enough pressure for a liquid to form. It becomes a gas.



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This is exactly what a freeze-drying machine does. A typical machine consists of a freezing-drying chamber with several shelves attached to a refrigeration compressor, and a vacuum pump.

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A simplified freeze-drying machine

With most machines, you place the material to be preserved on the shelves when it is still unfrozen. When you seal the chamber and begin the process, the machine runs the compressor to lower the temperature in the chamber. The material is frozen solid, which separates the water from everything around it, on a molecular level, even though the water is still present.

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Next, the machine turns on the vacuum pump to force atmospheric pressure below 0.06 ATM. The heating unit on the shelves, causing the ice to change phase. Since the pressure is so low, the ice turns directly into water vapour. The water vapour flows out of the freeze-drying chamber, past the freezing coil. The water vapour condenses onto the same way water condenses as frost on a cold day.

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This continues for many hours (even days) while the process takes so long because overheating the material can significantly change the composition and structure. Additionally, accelerating the sublimation process could produce more water vapour in a period of time than the pumping system can remove from the chamber. This could re-hydrate the material somewhat, degrading its quality. Considering that 1 gm of ice generates around 10000 l of water vapour at a pressure of 0.1 mbar.

Once the material is dried sufficiently, it's sealed in a moisture-free package, often with an oxygen absorbing material. As long as the package is secure, the material can sit on a shelf for years and years without degrading, until it's restored to its original form with a bit of water (a very small amount of moisture remains, so the material will eventually spoil). If everything works correctly, the material will go through the entire process almost completely unscathed!

5. Hazards and process Media

Most pharmaceuticals and biological products contain varying amounts of solvents and acids which were not entirely removed from previous extraction processes. These solvents and acids may or may not condense in the refrigerated condenser. Highly volatile alcohols and some of the light acids particularly acetic acid, find their way to the rotary pump thus causing severe pump contamination and corrosion. Although the gas ballast usually can assist in clearing some of the alcohol it is ineffective for acids. In such instances when pump contamination is experienced, regular preventative oil changes, cleaning and maintenance is the only way to ensure reasonable reliability. Alternatively, if such preventative measures are very frequent and costly, the pumps could be replaced by dry pumps or roots/dry pump combinations.



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6. Main requirements for the vacuum unit

| Considerations | Pump requirements | SIHI <i>dry</i> Solution |
|--|---|--|
| Contamination & disposal | Dry pump | - Totally oil free |
| Reliability | Robust & maintenance friendly | - Noncontacting/wearing parts (other than bearings) - No mechanical seals - Predicted failure analysis - Fast local service & spares |
| Noise | <70 db(A) | - Noncontacting screws - No motor fan - Wide clearances - No gearbox |
| Defined vacuum process in order to meet the Qualification validation requirement | Pump has to be under 100% control | - Proven and accepted operating protocol - Serial interface |
| Liquid Carry-over | Liquid handling with no damage | - Torque Control - Simple cleaning operations |
| Corrosion | Avoidance of condensation within the pump | - Accurate temperature control within maximum and minimum limits - Closed-loop cooling in order to maintain stable cooling. - Pre-inlet cooling/gas dilution - Automatic start & stop protocols |
| Dust | Dustingress acceptability | - Large clearances - Liquid flushing & draining - Simple manual cleaning - Integrated over-load monitoring through angular difference |



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8. Provensolution

Guidelines

The size of refrigerated condensing area of the condenser is closely related to the dryer shelf area, and usually up to three times larger. With an optimum ice deposit thickness of 10 to 12 mm³ and more consecutive drying cycles can be operated before defrosting the condenser. Theoretically freeze drying represents ideal heat and mass transfer cycles whereby the sublimation rate in the dryer is equal to the condensation rate in the condenser, particularly if both are accommodated within a single chamber. If such an arrangement could be made absolutely leak free, the process would become self-sustaining once an initial evacuation to below the operating pressure is carried out. However, in practice the plant requires continuous vacuum pumping to overcome leaks, losses and product related constraints. The sizing of the vacuum pump can also be related back to the shelf area and a pump capacity of 50 m³/h per 1 m² or 10 l product (optimum product depth 10 mm) generally gives very satisfactory results. For applications where an external pre-frozen product is handled, rapid chamber evacuation becomes necessary to avoid excessive temperature rises and/or the required chamber pump down time.

Usually two stage oil sealed rotary pumps for laboratory and pilot freeze dryer and roots/rotary, vapour booster/rotary and vapour diffusion/roots/rotary pump combinations for the production plants provides satisfactory backing and secondary drying pressures. Food freeze dryers operating at higher pressures generally employ large two stage rotary pumps or roots/single stage rotary pump combinations only.

For applications where severe pump combination by acids or solvent vapours was experienced in the past the roots/dry pump combinations should show marked improvements in plant performance, maintenance and reliability.

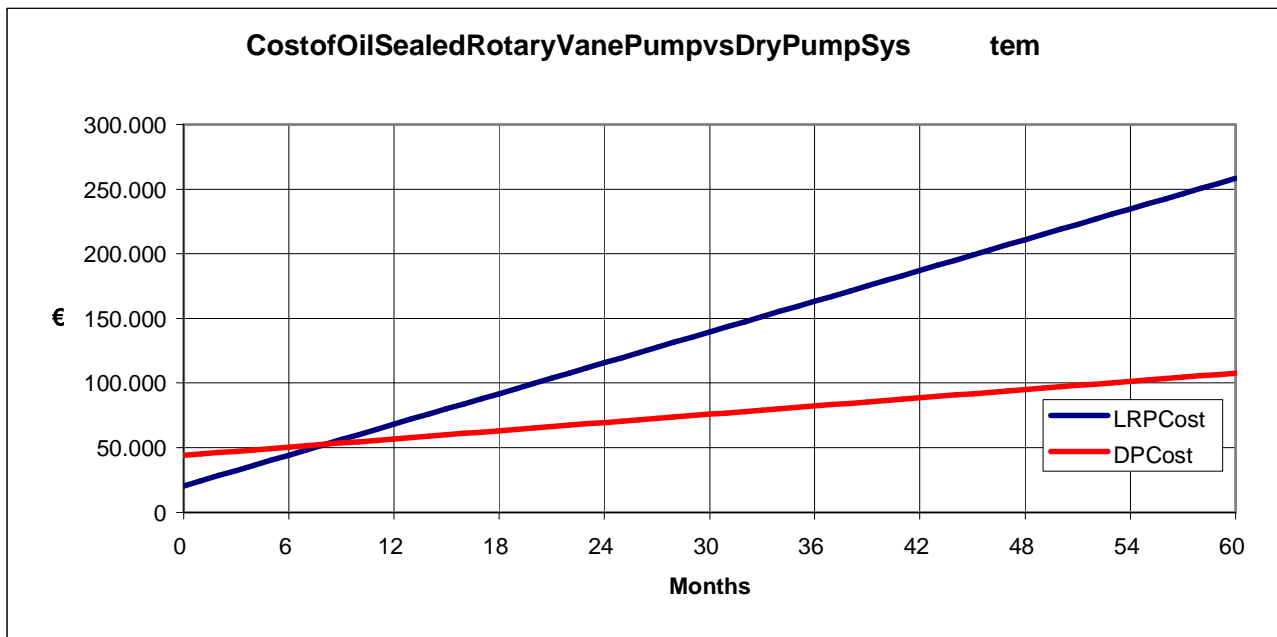


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9. References/Photograph

10. Example of Cost of ownership

Cost of Ownership of an Oil-sealed rotary vane pump versus a SIHI^{dry} system



11. Used formula and units

Pressure units: Normal used 0°C and sea level.

$$P = 1013 \text{ mbar} = 760 \text{ mmHg} = 760 \text{ Torr} = 1 \text{ atm.}$$

Calculation of the Gas quantity Q

$$Q = P \cdot V = [m/M] \cdot R \cdot T$$

P = Pressure in mbar

V = Volume in (l)

m = Mass in (g)

M = Mol mass in (g/Mol)

R = General gas constant (R = 83,14 mbar.l/Mol.K)

T = Absolute temperature in (K) [K = Kelvin]



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Calculation of the forevacuum pump-down time.

$$t_a = V / S_{\text{eff}} \cdot \ln(P_o / P_e)$$

t_a = pump-down time in (s)

V = volume in (l)

S_{eff} = pumping speed in (l/s)

P_o = initial pressure (mbar)

P_e = final pressure (mbar)

Remark:

With a given (constant) pumping speed, this equation offers rough values for the pump-down time in the range of (1000–1 mbar). Out-gassing effects, which may be especially be effective in the range of <1 mbar, have not been considered. The pumping speed is given in l/s. Values given in m³/h can be calculated in l/s by dividing through 3,6.

NB.: Generally, the pumping speed of a vacuum pump depends on pressure. Conductance losses due to tubes or other conducting elements have to be considered.

Calculation of gas flow (mbarl/s)

$$\Delta Q / \Delta t = \Delta(p \cdot V) / \Delta t = (\Delta m / \Delta t) / M \cdot R \cdot T$$

$$\Delta Q / \Delta t = \Delta(p \cdot V) / \Delta t = \text{gas flow in mbarl/s}$$

p = pressure (mbar)

V = volume in (l)

$$\Delta m / \Delta t = \text{mass flow in kg/h}$$

M = molecular mass in (g/mol)

R = general gas constant $R = 83,14 \text{ mbar} \cdot \text{l} / \text{mol} \cdot \text{K}$

T = absolute temperature (K)

Remark:

Derived from the general state equation for ideal gases, this formula allows the calculation of the gas flow as a function of mass flow and the characteristic molecular mass of each gas. The mass flow is given in kg/h. A temperature value of 293K (room temperature) is present.